

BENBRO

Register your walk and borrow a Personal Locator Beacon

Digital Personal Locator Beacons are equipped with GPS location technology and are free to borrow, subject to availability. Bush walkers can pick them up from:

National Parks & Wildlife Service

Govetts Leap Road
Blackheath
02 4787 8877
(during business hours, 9 - 4pm 7 days)

Katoomba Police Station

217 Katoomba Street
Katoomba
02 4782 8199 (after hours)

Springwood Police Station

4 Jerseywold Avenue
Springwood
02 4751 0299 (after hours)

Visit www.police.nsw.gov.au/trek to download a
Trip Intention Form to register your walk



www.crimestoppers.com.au



Police Assistance Line - PAL 131 444
For non emergencies

Think before you
TREK



- T** Take adequate supplies of food, water, navigation, first aid equipment and warm, water proof clothing
- R** Register your planned route and tell friends and family of your expected return time
- E** Emergency Locator Beacons are available for loan free of charge
- K** Keep to the planned route on the map and follow walking tracks

**Free Personal Locator Beacons available
for loan when you register your walk**

A JOINT INITIATIVE OF



NSW Police Force



NSW National Parks
and Wildlife Service

SUPPORTED BY **BENBRO**

Be **PREPARED**

When planning a walk it is advisable to ask about local conditions including weather forecasts, tracks, creek or river water levels and fire danger.

Never travel alone. Make sure you have at least three people in your group. If there is an emergency, at least one can go for help, while the other stays with the injured or ill person.

Make sure there's at least one experienced bush walker in the group who can guide and assist others.

Make sure your activity is something which all participants in your group are able to handle.

Before heading out, leave full details with a relative or a responsible person. Outline where you will be going, who is with you, what equipment you have, and when you expect to return. Or visit www.police.nsw.gov.au/trek to download a Trip Intention Form.

Allow plenty of time to finish the activity in daylight, and pack extra food and water in case of any unexpected delays.



Take required equipment:

- matches and torches (and spare batteries)
- topographic map(s) and a compass (make sure you know how to use them)
- a first aid kit and a space blanket
- warm and waterproof clothing and raincoats for everyone in the group
- plastic bags for rubbish
- ample food and plenty of water

Weather can change rapidly. Be prepared for heat, rain, thick mist/fog, icy winds, and sleet or snow in higher mountain areas.

Many areas have only limited mobile phone coverage. If you intend to use a mobile phone for safety purposes, contact your phone network supplier to check the coverage in the area of the park you intend to visit.



Personal Locator Beacons are free to borrow and are an important safety precaution. Pick one up at National Parks and Wildlife Service in Blackheath between 9 - 4pm or after hours at Katoomba and Springwood Police Stations.

